



## **Run In Texas COVID-19 Health and Safety Measures for the South Padre Island Sand Crab Nighttime Beach Run, April 24, 2021**

To ensure the safety of all participants, volunteers and staff, Run In Texas is taking precautionary measures at our events to prevent the spread of COVID-19. We will take the following precautions at the South Padre Island Sand Crab Nighttime Beach Run on April 24, 2021:

- Anyone experiencing any symptoms of COVID-19 (including fever or chills, cough, shortness of breath or difficulty breathing, fatigue, headache, loss of taste or smell) within the last 14 days is not permitted to enter the event site; in addition, anyone who has themselves or whose household members have been diagnosed with COVID-19, or have knowingly been exposed to anyone diagnosed with COVID-19 within the last 30 days, is not permitted to enter the event site.
- Face masks are required throughout the event, including at packet pickup and at the start and finish area, but optional for athletes during the run. Signs reminding attendees that masks are required before and after the run will be posted at the event site. In addition, we will have extra masks available for runners who arrive at the event without one.
- We will create a staggered start with smaller waves of runners to allow runners to maintain social distancing.
- Chip timing using disposable timing chips only to minimize contact between volunteers and runners and allow for a staggered starts.
- Hand sanitizer will be available for use at multiple locations throughout each event.
- Minimizing contact for distribution of drinks, finisher medals and awards.
- Online posting of preliminary results during the event to maintain social distancing.
- And other measures as needed to reduce potential exposure.