



South Padre Island Sand Crab 5K & 10K Nighttime Beach Run

Saturday, April 28, 2012

8:30 p.m. start and finish

at La Quinta Inn & Suites South Padre

7000 Padre Blvd., South Padre Island, TX 78597

- Surfside beach course marked with LED tiki torches and glow sticks
- Post-race Party at **Clayton's Beach Bar** w/ BBQ and Beer (ID req'd)
- Chip timing, awards in 10-year increments, Overall and Masters
- **All runners must carry a headlamp or flashlight! It's gonna be dark.**

PREREGISTRATION: By mail-in entry or online at www.RunInTexas.com

PACKET PICKUP: *Advance packet pick-up is required!* **Fri. Apr. 27: Noon - 6PM** at Footworks, 2224 S. Business 77 Sunshine Strip, Ste 94, 78550 in Harlingen. **Sat. Apr. 28 : 3-6PM** at La Quinta Inn & Suites, 7000 Padre Blvd. South Padre, 78597

MAIL ENTRY: 9419 Bluebell Drive, Garden Ridge, TX 78266. Make checks payable to Run In Texas.

FEES: 5K: \$40 through 3-28-12, \$50 through 4-14-12, \$60 after that and \$65 on race day.

10K: \$45 through 3-28-12, \$55 through 4-14-12, \$65 after that and \$70 on race day.

MILITARY/POLICE/FIRE DISCOUNT: \$5 discount via mail in registration only; copy of ID required.

Sand Crab Hotel Deals: La Quinta Inn & Suites, Hilton Garden Inn and Clayton's Beach Resort all offer a Sand Crab Discount Rate. For more information on lodging options go to www.RunInTexas.com

ABOUT THE RACE: Run or walk under the stars on a beautiful South Padre Island beach. LED tiki torches and glow sticks mark the course. **IT WILL BE DARK: you MUST bring a headlamp/flashlight.** The course starts at La Quinta Beach Resort and runs south before turning around and heading back to the finish.

Post Race Party at Clayton's Beach Bar, the biggest beach bar in TX, Right next door to La Quinta.

Both the 5K and 10K have a 2-hour cut off. All runners/walkers must reach their turnaround within 1 hour. Aid stations feature HEB Quench sports drink and water; 10K runners hit aid stations 4 times, 5K runners hit aid stations twice. After the run, enjoy catered BBQ, cold beer (for ages 21 and up) and live music at the finish line. Extra BBQ plates available by pre-order for non-running guests for \$12.

REFUNDS AND RAIN: There will be no refunds for this race. The race takes place rain or shine.

Race may be delayed or cancelled if hazardous conditions such as flooding or lightning are imminent.

RACE CONTACT: info@RunInTexas.com, 210-651-6096



RUN IN TEXAS
RUNINTEXAS.COM

Find Run In Texas on Facebook for race news & updates!



SELECT AN EVENT: 5K _____ 10K _____

FIRST NAME _____ LAST NAME _____ AGE ON 4-28-12 _____ DOB _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

PHONE _____ EMAIL _____ SEX M F

****CHOOSE PACKET PICKUP SITE:** Footworks , Harlingen (Fri. 4/27) _____ La Quinta Inn & Suites (Sat. 4/28) _____

****T -SHIRT: MEN: S M L XL XXL WOMEN: S M L XL ** NUMBER OF EXTRA NON RUNNER MEALS AT \$12 EACH:** _____**

****TOTAL AMOUNT ENCLOSED: _____****

Please make checks payable to **RUN IN TEXAS**

WAIVER AND AGREEMENT: I, the person submitting this entry, am aware that participating in this race event is a potentially hazardous activity, and that I (or my child, if I am signing as parent or guardian) should not so participate unless physically able. I certify that I am (or my child is) medically fit to participate, and will have sufficiently trained for the event prior to participation. I (and my child, if I am signing as parent or guardian) agree to abide by the rules and the decisions of any event officials relating to participation, and assume all risks associated with participation in the event or any associated event or activities, including (but not limited to) falls, contact with other participants, effects of the weather such as high heat and/or humidity, and traffic or road conditions, all such risks being known and appreciated. In consideration of acceptance of the entry fee, and intending to be legally bound, I (and my child, if I am signing as parent or guardian) and anyone entitled to act on my (or our) behalf, assume all risks associated with participation, and waive any and all claims whatsoever against, and fully release, (1) The City of South Padre Island, La Quinta Inn & Suites, Run in Texas, its agents, directors, officers and representatives, and Sand Crab 5K & 10K, (3) all race-day volunteers, and (4) all event promoters and sponsors and their representatives and successors, from any and all claims, damages, liability, or injury of any kind arising to me or by me, whether based upon negligence or any other theory of law, resulting from my (or my child's) participation in this event. I grant full permission to any and all of the foregoing to use my (or my child's) name, or photographs, videotapes, motion pictures, or other recordings of my (or my child's) participation in this event, without obligation or liability to me (and my child). I also understand that my (and my child's) entry fee is nonrefundable. I have read this agreement carefully, and understand it, and certify my agreement by my signature below. NOTE: Runners under 18 years of age must have parent's signature (on parent's signature line) or read and check online waiver.

SIGNATURE _____ DATE _____ PARENT SIGNATURE & DATE _____ (IF UNDER 18)

