



Ain't Nothin' but a Hound Dog Jog 5K, 1 Mile and Kid's Mile Benefiting the Animal Defense League

Saturday, March 31, 2012 in NE San Antonio
8 a.m. start/finish at Paul Davis Park
Bluebell Drive and Grass Creek Rd, Garden Ridge, TX 78266

- Run with or without your dog! All proceeds benefit the Animal Defense League.
- Post-race sausage dogs and T-shirt for all human participants!
- Overall awards in top 3 male, female for runners with dogs; overall and age group awards for non-dog runners. All Kid's Mile finishers get a medal!

AWARDS: Kids 1 Mile: Fun run; all kids get finishers medal. **5k and 1 Mile runs WITH DOG:** awards for top 3 overall male & female finishers. **5k and 1 Mile runs WITHOUT DOG:** male & female overall and masters, plus age group awards for 15 and under, 16-29, 30-39, 40-49, 50-59, 60 and up).

Preregistration: By mail-in entry or online at www.RunInTexas.com

Packet Pickup: Advance pickup Fri. Mar. 30th, 10am -6pm ADL 11300 Nacogdoches Rd, SA 78217, (210) 655-1481 and on race day from 6:30am - 8am.

Mail Entry: 9419 Bluebell Drive, Garden Ridge, TX 78266. Please make checks payable to Run In Texas.

Fees (no refunds): 5K: \$25 through 2-29-12, \$30 through 3-17-12, \$35 after that and \$40 on race day. 1 Mile: \$20 through 2-29-12, \$25 through 3-17-12, \$30 after that and \$35 on race day. Kids Mile: \$15 and \$20 on race day.

Military, Police, Fire Discount: \$5 discount via mail-in or in-person entry only. Copy of ID required.

About the race: *All race proceeds benefit the Animal Defense League of Texas, a non-profit no-kill shelter for abandoned, abused, or neglected dogs and cats.* Non-dog runners will start at 8AM starting (and finishing) in the park and running a loop course through the scenic neighborhood. There are many deer so keep control of your dogs at all times. The Dog 5K and Mile race and Kids Mile will begin at 9:05 AM and run a smaller loop course. All participants must complete their event within one hour.

Refunds and Rain: *There will be no refunds for this race. The race takes place rain or shine. If hazardous conditions such as flooding or lightning are imminent, the race may be delayed or cancelled.*

RACE CONTACT INFO: www.RunInTexas.com; Race Director Bill Gardner, 210-651-6096, billyg@satx.rr.com



Please make checks payable to RUN IN TEXAS



5K & 1 MILE RUN
FOR THE ANIMAL DEFENSE LEAGUE OF TEXAS

FIRST NAME _____ LAST NAME _____ AGE ON 3-31-12 _____ DOB _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

PHONE _____ EMAIL _____ SEX M F

EVENT: Circle one: 5K with dog 5K with no dog 1 Mile with dog 1 Mile without dog Kids Mile (with or without dog)

T -SHIRT: MEN: S M L XL XXL WOMEN: S M L XL YOUTH: S M L XL NUMBER OF EXTRA MEALS \$5 EACH: _____

WAIVER AND AGREEMENT: I, the person submitting this entry, am aware that participating in this race event is a potentially hazardous activity, and that I (or my child, if I am signing as parent or guardian) should not so participate unless physically able. I certify that I am (or my child is) medically fit to participate, and will have sufficiently trained for the event prior to participation. I (and my child, if I am signing as parent or guardian) agree to abide by the rules and the decisions of any event officials relating to participation, and assume all risks associated with participation in the event or any associated event or activities, including (but not limited to) falls, contact with other participants, effects of the weather such as high heat and/or humidity, and traffic or road conditions, all such risks being known and appreciated. In consideration of acceptance of the entry fee, and intending to be legally bound, I (and my child, if I am signing as parent or guardian) and anyone entitled to act on my (or our) behalf, assume all risks associated with participation, and waive any and all claims whatsoever against, and fully release, (1), The City of Garden Ridge, Run in Texas, the Animal Defense League, their agents, directors, officers and representatives, and (2) all Animal Defense League 5K & 1 Mile and Kids Mile race-day volunteers, and (4) all event promoters and sponsors and their representatives and successors, from any and all claims, damages, liability, or injury of any kind arising to me or by me, whether based upon negligence or any other theory of law, resulting from my (or my child's) participation in this event. I grant full permission to any and all of the foregoing to use my (or my child's) name, or photographs, videotapes, motion pictures, or other recordings of my (or my child's) participation in this event, without obligation or liability to me (and my child). I also understand that my (and my child's) entry fee is nonrefundable. I have read this agreement carefully, and understand it, and certify my agreement by my signature below. NOTE: Runners under 18 years of age must have parent's signature (on parent's signature line) or read and check online waiver.

SIGNATURE _____ DATE _____ PARENT SIGNATURE & DATE _____ (IF UNDER 18)