



El Chupacabra de Houston Nighttime 10K Trail Run

Saturday, May 22, 2010

9 p.m. start at Lake Houston Wilderness Park

22031 Baptist Encampment Road, New Caney, Texas 77357

- Entire course marked with glowsticks, chalk markings and arrows
- Post-race BBQ and beer and refreshments to all registered
- Technical shirt for all participants
- Chip timing, no awards, just a fun run
- Headlamps or flashlight required.
- **SHIRTS GUARANTEED TO THOSE WHO REGISTER BY 5-5-10**

...H-town, we have un problema!

Limited to the 1st 500 Entrants!!!



RACE CONTACT INFO:

Race Director Bill Gardner, www.RunInTexas.com 210-651-6096, billyg@satx.rr.com

Preregistration: By mail in or online at www.signmeup.com/68873.

Packet pick-up & race day registration: Lake Houston Park Dining Hall 7:00 p.m.– 8:45 p.m. on race day.

Mail Entry: 9419 Bluebell Drive, Garden Ridge, TX 78266. Please make checks payable to Run In Texas.

Time Limit: There will be a 2 hr time limit on this race and a 1 hr 3.1 mi aid station cutoff.

Camping: Overnight camping is available and encouraged. Visit <http://www.houstontx.gov/parks/lakehoustonpark.html>

Fees (no refunds): 10K- \$40 entry through 4-22-10. \$50 through 5-7-10, \$60 after that and \$65 on race day.

POLICE, FIRE, MILITARY- \$35 Through 4-22-10, \$45 Through 5-07-10, \$55 after that and \$60 on race day.

About the race: The race starts and finishes at Lake Houston Wilderness Park at 9 p.m. on Friday July 23rd, taking runners over the heavily wooded dirt trails of the park. For directions to the park go to www.RunInTexas.com. Runners follow pitch dark wooded trail marked with glow sticks, flour on the ground, and arrow signs to the finish. There will be at least 1 water stop at approx 3 miles. The trail varies from straight and smooth to windy and rocky with many roots. Headlamp or flashlight required. All runners will receive technical shirts and excellent support. Post-race BBQ and beer (for those of age) immediately following the race at the start / finish in Lake Houston Park. For race information on this and other races and results visit www.RunInTexas.com.

Extra meals: Meals for nonregistered visitors are available for purchase at \$10 each. Please indicate number of meals below and submit payment with participant registration.

Refunds and Rain: *There will be no refunds for this race. The race takes place rain or shine. If hazardous conditions such as flooding or lightning are imminent, the race may be delayed or cancelled.*

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Please make checks payable to RUN IN TEXAS



FIRST NAME _____ LAST NAME _____ AGE ON 5-22-10 _____ DOB _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

PHONE _____ EMAIL _____ SEX M F

T-SHIRT: MEN: S M L XL XXL WOMEN: S M L XL

NUMBER OF EXTRA MEALS AT \$10 EACH: _____

WAIVER STATEMENT: I, the person submitting this entry (and my child, if I'm signing as parent or guardian) agree to abide by the rules and decisions of any event officials, and assume all risks associated with the event and any associated event or activities, including but not limited to falls, contact with other participants, effects of the weather, traffic, road conditions, all such risks being known and appreciated. I (and my child, if I'm signing as parent or guardian) and anyone entitled to act on my (our behalf(s), assume all risks associated with participation, and waive any and all claims, and fully release the Chupacabra 10k Trail Run organizers, employees and all race day volunteers, event promoters, sponsors, their representatives, The City of Houston, and successors, from all claims, damages, or liability of any kind arising from my (or my child's) participation in this event. I grant full permission to any and all of the foregoing to use my (and my child's) name or photographs, videos, and other recordings of participation in this event, without obligation or liability to me (and my child). I also understand that entry fees are not refundable. I have read this agreement carefully, and understand it, and certify my agreement by my signature below. Furthermore, I understand that trail running at night is hazardous. I know I could get heat stroke, break an ankle or take a stick in my eye. I am also aware that if I am not in shape I could have a heart attack or stroke. I realize if I do not pay attention to the superior trail markings I could get lost. In no way do I hold anyone other than myself responsible for my well being during this race. If my children are running I know that they could be in great peril.

SIGNATURE _____ DATE _____ PARENT SIGNATURE & DATE _____ (IF UNDER 18)